

# I'll Be Alright



**Count:** 64      **Wall:** 4      **Level:** Intermediate  
**Choreographer:** Maggie Gallagher (March 2016)  
**Music:** I'll Be Alright by Beckah Shae (Track length 3:25) (Amazon.co.uk)

## Intro: 16 counts (6 secs)

### S1: SIDE, HOLD, BALL SIDE, ROCK BACK, CHASSE L

1-2      Step right to right side, HOLD  
 &3      Step left next to right, Step right to right side  
 4-5      Cross rock back on left, Recover on right  
 6&7      Step left to left side, Step right next to left, Step left to left side

### S2: ROCK BACK, KICK, STEP, HITCH, JAZZ BOX CROSS

8-1      Cross rock back on right, Recover on left  
 2-3      On slight right diagonal kick right forward, Step on right  
 4-5      Hitch left across right, Cross left over right  
 6-7-8      Step back on right, Step left to left side, Cross right over left

### S3: ¼, ½, POINT, HOLD, & POINT, HOLD, & SIDE, TOUCH

1-2      ¼ right stepping back on left, ½ right stepping on right [9:00]  
 3-4      Point left to left side, HOLD  
 &5-6      Step left next to right, Point right to right side, HOLD  
 &7-8      Step right next to left, Step left to left side, Touch right next to left

### S4: HITCH, BACK BUMP, BUMP, BUMP, STEP, STEP, ½ PIVOT, BRUSH

1-2      Hitch right knee up, Step back on right bumping hips back on right  
 3-4      Bump hips forward on left, Bump hips back on right  
 5-6      Step forward on left Step forward on right  
 7-8      ½ pivot left, Right toe brush [3:00] \* Restart Walls 2&5

### S5: CHASSE R, ROCK BACK, CHASSE L, ROCK BACK

1&2      Step right to right side, Step left next to right, Step right to right side  
 3-4      Rock back on left, Recover on right  
 5&6      Step left to left side, Step right next to left, Step left to left side  
 7-8      Rock back on right, Recover on left

### S6: ⅛ HIP ROLL, ⅛ HIP ROLL, CROSS, ¼, BACK, POINT

1-2      Step forward on right, ⅛ left rolling hips round to left (weight ends on left)  
 3-4      Step forward on right, ⅛ left rolling hips round to left (weight ends on left) [12:00]  
 5-6      Cross right over left, ¼ right stepping back on left  
 7-8      Walk back on right, Point left toe back on slight diagonal

### S7: WALK, ½ L, ½ L, WALK, STEP, TOUCH, ROCK, ROCK

1-2      Walk forward on left, ½ left stepping back on right  
 3-4      ½ left stepping forward left, Walk forward on right [3:00]  
 5-6      Step forward on left on slight left diagonal, Touch right next to left  
 7-8      Rock weight on to right, Rock weight on to left (Note: these are not side rocks)

### S8: CROSS, HOLD, BALL CROSS, SIDE ROCK, HEEL GRIND, SIDE, CROSS

1-2      Cross right over left, HOLD  
 &3      Step left to left side, Cross right over left  
 4-5      Rock left to left side, Recover on right  
 6-7-8      Left heel grind over right, Step right to right side, Cross left over right [3:00]

## RESTARTS: \*Walls 2 & 5 after 32 counts

## TAG: 8 count tag after Wall 3 [9:00]

### R SIDE, HOLD, BALL SIDE, TOUCH, L SIDE, HOLD, BALL SIDE, TOUCH

1-2      Step right to right side, HOLD  
 &3-4      Step left next to right, Step right to right side, Touch left next to right  
 5-6      Step left to left side, HOLD  
 &7-8      Step right next to left, Step left to left side, Touch right next to left

Thank You To Margaret Hains For Suggesting The Music

